PARIKSHIT
ENCOUNTERS
KALI
Where tamas can hide?

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STORY 1
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PREFACE

UNDERSTANDING YUGAS/TIME-CYCLE & GUNAS (SATTVA, RAJAS, TAMAS)

KALI YUGA HAS TAMAS AS DOMINANT GUNA HENCE PEOPLE WITH GREED, FEAR COME TO POWER AND RULE HUMANITY, WARS HAPPEN, LACK OF LOVE & COMPASSION & IN GENERAL DARKNESS SPREADS.

Every Age or an Era has specific characteristics and impacts on human civilisation. Age or an Era could be divided into one or more subdivisions in many ways. Western thinkers have created subdivisions based on the socio-economic advancements as Stone Age, Iron Age, Bronze Age, Golden Age or Agricultural Age, Industrial Age, Information Age and so on. While in the Vedic System, Indian Sages (Rishis (male sages) & Rishikas (female sages)) have subdivided the ages/eras on the basis of Human Characteristics or more precisely Gunas/Virtues of Sattva (Highly pure), Rajas (action-oriented), Tamas (impure) that humans beings have and which directs their life. People are born with Gunas as per their Karma of past lives, if they improve, become more conscious they move more towards Sattva guna, if they are driven more by unconscious ignorance and their hardened mental-emotional patterns, they degress and have more of Tamas Guna. What Gunas humans have decides what kind of world we will live in.

On the basis of three Gunas, Vedic Rishis & Rishikas subdivided the Yuga (Unit of Time, can be called an Era or Age in English) into four as; Sat Yuga, Treta Yuga, Dwapar Yuga and Kali Yuga. Sat Yuga has the Sattva Guna dominant, hence people were Dharmic, Spiritual and were in general pure by mind, heart, speech and deeds. Treta Yuga has the Rajas Guna dominant, where people are Dharmic, Spiritual, yet very action-oriented. Dwapar Yuga had people with Rajas and Tamas domination, hence a whole lot of action/deeds for impure (mentally, emotionally & spiritually) reasons. Kali Yuga has Tamas as dominant Guna hence people with greed, fear come to power and rule humanity, wars happen, lack of love & compassion & in general darkness spreads. In the story below "Kali" is a Tamas Personified.
In the Dwapar Yuga, the Pandavas (the five brothers) after the great war of Mahabharata made their grandson named Parikshit the King of a place called Hastinapur and Lord Krishna’s grandson Vajra as the ruler of the place called Mathura. Parikshit and Vajra both were spiritual warriors and upholders of Dharma (righteousness). Lord Krishna after setting up Dharma on Earth and living his life left his body and right next day was the first day of Kali Yuga when Kali (personified Tamas) was ready to spread the darkness, impurity. Kali was progressing very quickly on Earth and has already occupied vast areas. Who gets possessed by darkness or Tamas quickly? People who are living unconsciously, living with spiritual ignorance. Seven days before the start of Kali Yuga, a whole lot of Rishis, Rishikas, Dharmic & Spiritual people left their bodies as they knew they wouldn’t be able to live among the people full of darkness, Tamas. And for the same reason the entire city of Dwarka which was full of divine beings submerged in water in the great flood.

At the advent of Kali’s spread, Dharma personified as Bull and Mother Earth personified as Cow were conversing with each other as to how Truth, Kindness, Compassion, Ahimsa (non-violence) were present till the time Lord Krishna was alive, but since he died, all the purity and goodness is gone.

Mother Earth as Cow was trembling in a bad situation and Dharma as Bull was crippled losing its three legs (Austerity, Purity & Compassion) and was barely standing on the fourth & last remaining leg of Truth. Dharma was explaining how much Truth is important and needs to be saved somehow in this Kali Yuga, else humans will kill all humans and Earth both.
PLIGHT OF DHARMA & EARTH

While the Bull and Cow were busy expressing their grief to each other, a Tamas driven man in Princely attire started beating Dharma the Bull for no reason at all and when Earth the Cow tried to intervene, she also got kicked real bad. It was as if that man was enjoying the suffering, torture of the Bull and the Cow. That Princely looking Man was no other than Kali (personified Tamas) himself. Suddenly King Parikshit came there and asked that man to stop at once. He pointed his arrow towards that man and declared that he will save the Bull and the Cow at any cost and he asked for the true identity of Bull and the Cow.

The Bull said I am not sure if my plight is due to Karma or the Cosmic design by God/Paramatma, but it’s good that as a saviour of Dharma you Parikshit are here now. Parikshit realized that the Bull is Dharma himself and that’s his true identity.

That realization also made Parikshit recognize Mother Earth as the cow and he understood that due to Kali spreading the Tamas, the ruler class is now full of Tamasic people and these people are degrading Mother Earth very quickly. Parikshit comforted the Bull & the Cow and drew his sword and announced to the Kali that I will kill you right away if you harm Dharma and Mother Earth anymore. Kali being full of fear, couldn’t stand the spiritual warrior Parikshit and instantly surrendered to him. Being an honourable spiritual warrior Parkshit lowered his sword as the enemy has surrendered and offered him protection.

Parikshit said to Kali that even though this is your Yuga (Age/Era), you cannot be just everywhere and anywhere. Because if that happens then just in few days humans will kill each other and mother earth will burn to ashes and Kali Yuga will not complete its time duration. Paramatma (God) is a supreme compassionate being, the Atma having dark patterns in their minds must also be given another chance. Hence the Kali Yuga is there and it must complete its cycle. But we need to save the Dharma and Mother Earth. Then Kali asked for few places where he can live & spread Tamas (darkness).
KALI BANISHED TO FIVE PLACES

UPON HEARING PARIKSHIT, KALI PLEADED FOR ONE MORE PLACE. PARIKSHIT BEING A COMPASSIONATE ONE, GAVE HIM FIFTH PLACE TOO

Parkshit said I am offering you Four places to live & function -

1. Places of Gambling/Trading/Lottery/business of religion etc, where & when people earn without doing any Karma
2. Places of Intoxication (drinking/bars/pubs/drugs etc), where & when people are busy lowering down their consciousness
3. Places of Debauchery (excessive indulgence in bodily pleasures like sex, alcohol, drugs, consumerism, cosmetic surgeries etc)
4. Places of Slaughter (mass killing of animals, animal farming etc)

Upon hearing Parikshit, Kali pleaded for one more place. Parikshit being a compassionate one, gave him fifth place too.

5. Gold - tamas filled people/fools will dig gold all around the earth, wage wars because of that, kill indigenous populations because of that and that way Greed, Attachment (Raga) Anger, Rage (Dwesha), Fears will find an expression.

Through these 5 places; Kali was assured that Avidya (Ignorance), Asmita (Identities), Raga (Attachments/Greed), Dwesha(Aversions/Hatred/Anger/Enmity), Abhinivesha (Fears) of people will find an expression. And yet some places will be left without Kali’s Tamasic influence and people with Sattva will be able to survive and pursue their spiritual journey and such people will be able to save Dharma (righteousness), will be kind and compassionate for all beings and mother Earth. And because of these Dharmic, Sattvic people, Earth and Yuga will complete their time cycle.

These 5 places will be an entry point to Adharma (non-righteousness) for people dominated by Tamas influenced by Kali, while people with Sattva will have no impact on them despite being present at these places & times.
LEARNING TIME
CURRENT YUGA, RECOGNIZING KALI OR TAMAS, MOVE TOWARDS SATTVĀ, PURPOSE OF KALI YUGA

PARAMATMA/DIVINE/BRAHM IS THE ULTIMATE COMPASSIONATE ONE, AND IN HIS CREATION, ONE CAN’T BE PUNISHED FOREVER, THEY MUST GET ANOTHER CHANCE TO IMPROVE UPON THEMSELVES. HENCE THE SYSTEM OF YUGA/TIME CYCLE AND HENCE THE DOMINANCE OF THE PEOPLE RULED BY ONE OR THE OTHER GUNA.

Currently which Yuga are we in?

If we count using years of Deva (Divine Beings) then we are in Dwapar Yuga and moving towards Treta Yuga. If we count using Human Years then we are in Kali Yuga. Yuga is not just a time cycle but could also be understood as the Perception of Time. For a person experiencing Tamas inside and outside and is being driven by Chitta-Virrtis/Vasansa, is living unconsciously it is Kali Yuga no matter what the current definite Time Cycle is. And a person living & following Dharma and pursuing a spiritual journey, who is full of Sattva, it is Sat Yuga at least within him if not in the outer world. To those Atma (roughly Souls) who live with Dharma and pursue spiritual journey the Yogas/Time Cycles matter the most and it is them who gets negatively impacted the most by the people around living with Tamas. But as they have chosen to be here at this time, it’s their duty to live for Truth, fight for it and keep Dharma alive as much as possible.

How to recognize Kali or Tamas?

Unconscious living, high indulgence, addictive mental, emotional, behavioural patterns, impure desires, lack of Dharma (Austerity, Purity, Compassion & Truth) are all signs of Tamas.
Harbouring or Expressing one or more of the five Chitta-Vrittis; Avidya (Spiritual Ignorance), Asmita (Identities, Pride, Ego), Raga/Moha (Attachments, Greed, Addictions, Passion, Obsession), Dwesha (Hatred, Anger, Rage, Wars, Fights, Violence) and Abhinivesha (Fear, Resistance to Change) is also a sign of Tamas or Unconscious living. When desires arise only from these five Chitta-Vrittis when thoughts, emotions, speech and actions are propelled by these five Chitta-Vrittis then it is an unconscious living and such a person is full of Tamas. Although not everyone will be full of Tamas at all times, else they will not be able to sustain the body for long, they may die young, as excessive Tamas may get them to entangle themselves with wrong people at the wrong time, diseases may happen, accidents may happen. So, for some time they are less driven by the Tamas and might express some love and/or kindness at least to their friends, family, relatives. One needs to remember that people change too, so we cannot label them, it's of no use.

![Diagram of Guna](image)

**How to move towards Sattva, collectively, raise collective consciousness?**

The fourth & last remaining leg of the Bull the Dharma is “Truth”. The meaning of Truth is not the opposite of lying here. The Truth here means the Ultimate Truth which is that all beings are an Atma who needs to pursue the spiritual journey to merge with Paramatma (The Creator Divine), and this whole world (Prakriti/Creation) is at our disposal to help us complete our spiritual journey and provide for us.

Three are Sat or Truth or Existential - Prakriti (Creation), Atma (Beings) & Paramatma (Supreme Being, Creator). Those who have Sattva within must live and stand up for the Ultimate Truth and stop from it being destroyed in myriad hideous ways by the people full of Tamas.

**When Kali Yuga is dominated by Tamas and people full of darkness then why do we even have Kali Yuga?**

To understand this, one needs to understand the system of Karma. Suppose a person does a whole lot of bad karma only and as a result, they are born as Rakshas/Asur, viruses, bacteria or insects, reptiles, bugs, birds, fish, animals etc and for hundreds of thousands of years they just suffer the hell that way. But then comes a time when their bad Karma gets exhausted as a result of suffering. Because all the bodies other than Human Body are "Bhoga Deha" means (body for bearing consequences, good or bad). Only the Human body is a "Bhoga Deha" as well as "Karma Deha". Now they must be given another chance to become Human, so they can improve as an Atma, may do at least some good deeds, good Karma.
Although they are still highly full of Tamas and dark patterns, yet they may choose not to do bad deeds, if not in thoughts, then at least through speech they may exercise some control, if not through speech, at least in actions they may show some control, some improvement. Hence the reason that Kali Yuga is the time when most of such Atma(s) takes the human body who have been in other lower beings bodies due to bad karma. We also need to realize that Paramatma/Divine/Brahm is the ultimate compassionate one, and in his creation, one can't be punished forever, they must get another chance to improve upon themselves. Hence the system of Yuga/Time Cycle and hence the dominance of the people ruled by one or the other Guna. Sat Yuga is the longest one, people are very–very tall, most of them having Divine Spiritual Powers, meditating and living peacefully, with fewer people having Rajas Guna and even fewer having Tamas. By the time Kali Yuga comes people become smaller in size. As per scientific research, in the last 20 years in general newborns are taller than their previous generation. Many young people in their late teens or early twenties are highly conscious about spirituality, dharma and especially Environment, Climate & Mother Earth. Yugas are generally counted in terms of Years of Devas (Divine Beings) and as per that we are in Dwapar Yuga and soon (2084) moving towards Treta Yuga. Climate, Environment, Global Consciousness is changing very quickly. There will less Tamas driven people in the Treta Yuga, so the Earth and Humanity are going through that transition now.

WHAT IS SANATANA DHARMA?

Is it just those four (Austerity, Purity, Compassion & Truth) virtues or is there more to it?

As per Vedas (Ancient Indian Spiritual Scriptures), Dharma has below 37 Characteristics, but we need to keep in mind that exact English words do not exist for these Sanskrit terms, hence we will need more words to understand each one of them –

1. Truthfulness (righteousness as an Atma, not as a Mind, Body or some Identity or Class)
2. Purity (Pure is that which is aligned with other characteristics of Dharma and takes one towards Moksha means away from Bondages)
3. Compassion (ability to eliminate the suffering of other Atma through Wisdom, Mindfully)
4. Perseverance (Pure one, not an impure one which may lead to bad karma and more bondage)
5. Detachment/Renunciation/Generosity
6. Contentment
7. Straightforwardness
8. Control of Mind (for bad Chitta-Vrittis)
9. Control of Senses (for sensory pleasures)
10. Austerity, Responsibility
11. Indifferent in pain & pleasure, Equanimity
12. Forbearance
13. Withdrawal from purely worldly pursuits
14. Studying Vedas, Upanishads, Darshans (Scriptures that takes one towards Moksha)
15. Knowledge of "Being/Atma"
16. Detachment from Worldly Objects
17. Leadership (Sattva Driven)
18. Spiritual Warriorship, Intellectual Warriorship & protection of Dharma and Dharmic people
20. Pure Intellect & Memory which retains Wisdom and is easily able to let go of pain, grief, grudges or anything that doesn't serve any purpose
21. Being independent and respectful for co-dependencies where they exist as being Human on this planet
22. Skillfulness, knower of 64 Kalas (forms of arts & sciences)
23. Beauty, Attractiveness, Appeal
24. Brave Heart
25. Open Heart
26. Applied Intellect/Wisdom/Knowledge
27. Modesty
28. Pure Virtues
29. Strong Determination (for pure things)
30. Vigor, Vitality
31. Six divine qualities - Pure Strength, Pure Fame, Pure Wealth, Pure Knowledge, Pure Beauty, Renunciation
32. Profoundness
33. Steadfastness
34. Faith in oneself/Atma, Divine/Paramatma
35. Pure Fame / Magnanimity
36. Worthy of Being Worshipped
37. Absence of Pride